

**ANTARA**  
**ANNUAL REPORT**  
**2021-22**

## 1. INTRODUCTION

The Financial Year 2021-22 witnessed a period of further growth and consolidation of the achievements of Antara. The major highlight of the year was observation of Mental Health month on mental health from 10<sup>th</sup> September to 10<sup>th</sup> October 2021.

### **Number of Beneficiaries served during the year:-**

	<b><u>2020-21:</u></b>	<b><u>2019-20:</u></b>
<b><u>OPD attendance</u></b>		
New patients -	5,269	6,474
Follow-up visits -	26,161	38,046
Total -	<b>31,430</b>	<b>44,520</b>
<b><u>Satellite Clinics</u></b>		
New patients -	228	153
Follow-up visits -	5,597	6,422
Total -	<b>5,825</b>	<b>6,575</b>
<b><u>In-patient admissions</u></b>		
New Admissions -	2,019	1,698
Re-Admissions -	572	594
Total for all Wards -	<b>2,591</b>	<b>2,292</b>

## 2. REPORT OF ON-GOING ACTIVITIES & SERVICES

### 2.1 OUT PATIENT SERVICES (1<sup>st</sup> April 2020 – 31<sup>st</sup> March 2021)

#### **ANTARA (O.P.D.)**

##### **NEW PATIENTS:**

<b><u>New Patient Category</u></b>	<b>APR</b>	<b>MAY</b>	<b>JUN</b>	<b>JUL</b>	<b>AUG</b>	<b>SEP</b>	<b>OCT</b>	<b>NOV</b>	<b>DEC</b>	<b>JAN</b>	<b>FEB</b>	<b>MAR</b>	<b>Total</b>
<b>ADDICTION</b>	3	10	7	16	31	12	24	25	21	17	9	24	199
<b>ADULT</b>	193	254	457	306	358	479	408	368	320	377	379	424	4,323
<b>CHILD</b>	5	2	12	21	12	30	29	39	34	23	47	65	319
<b>GENERAL</b>	0	1	0	0	0	0	0	1	3	2	1	1	9
<b>GERIATRIC</b>	6	7	23	18	19	39	30	31	48	54	66	78	419
<b>TOTAL</b>													<b>5,269</b>

<b><u>FOLLOWUP</u></b>	<b>1213</b>	<b>1302</b>	<b>2127</b>	<b>1886</b>	<b>1909</b>	<b>2409</b>	<b>2232</b>	<b>2290</b>	<b>2584</b>	<b>2521</b>	<b>2611</b>	<b>3077</b>	<b>26,161</b>
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#### 2.1.1 Child Guidance Clinic:

This Clinic caters to the children below the age of 18 years suffering from childhood mental health problems. During the report year, the Child Guidance Clinic OPD Services were extended to 6 days per week. Total attendance of patients during the year 2020-2021 is shown in the Table given above.

### **2.1.2 Adult Psychiatry OPD:**

The Adult Psychiatry OPD is open on weekdays from 9 am to 5 pm. Monthly attendance of patients in the Adult OPD Clinic is shown in the Table.

### **2.1.3 Chemical Dependency OPD:**

Clients dependent on various kinds of addictive substances attend this clinic for counseling and admission to the Indoor Chemical Dependency Ward.

### **2.1.4 General Medical OPD:**

Patients from far and near including psychiatric patients and their relatives suffering from various general (non-psychiatric) illnesses attend this clinic that is open on Mondays to Saturdays. However, the Executive Committee has decided to discontinue the General Medical OPD except for arrangements to attend to emergency medical needs of Psychiatric patients attending OPD and patients admitted to various wards.

### **2.1.5 Local Health Improvement Scheme:**

This Scheme covers patients from Below Poverty Line Families in the villages around Antaragram. There are 235 persons covered under this Scheme. They receive medical consultation and medicines on payment of nominal charges per visit.

### **2.1.6 Counseling & Guidance Clinic:**

Clients requiring psychological counseling on an outpatient basis, attend this clinic. Individual Counseling, Family Counseling, IQ Tests, Relaxation Therapy, Cognitive Behavior Therapy and various other psychological interventions are extended from this Clinic.

### **2.1.7 Dispensary:**

The Dispensary at Antaragram OPD distributes mainly psychiatric drugs and a few General Medical drugs. The medicines are distributed at lower rates than MRP. Needy patients receive free/subsidized treatment and medicines through the OPD.

### **2.1.8 Pathology Sample Collection Centre:**

Antara has made an arrangement with an external Diagnostic Laboratory for conducting pathology tests and investigations for the patients being treated at Antara. Pathology Samples are collected at Antara and sent to their Laboratory for necessary tests. This arrangement provides adequate support in the diagnosis and treatment of the hundreds of patients who come to Antara Out Patient Clinic regularly.

## **2.2 SATELLITE CLINICS**

It was found from Antara's experience in treating patients for the past several years that the distance and expenses incurred on transportation are causing a number of patients to drop out from follow-up treatment. Therefore, it was decided to reach out to the patients through Satellite Clinics.

### **2.2.1 Janata Medical Service (Mar Thoma Church):**

This Joint Project of Antara and Janata Medical Service of the Mar Thoma Church, Kolkata has been serving hundreds of psychiatric patients twice weekly on Tuesdays and Fridays since 1971. During the year 138 New Patients and 2492 Follow-up Patients attended the clinic. Antara is grateful to Janata Medical Service and the Mar Thoma Church for the support extended by them in this joint venture. Currently, the services of Clinical Psychologist are also made available through this Clinic.

### 2.2.2 Nabojibon (Missionaries of Charity Centre – Noorpur):

The Clinic is open every alternate Tuesday. During the year 50 New Patients and 2090 Follow-up Patients attended the clinic. The psychiatric medical Team from Antara uses the Ambulance donated by Indian Oil Corporation Ltd. to reach these Satellite Clinics. The psychiatric team from Antara also examines the destitute psychiatric patients accommodated and looked after by the Missionaries of Charity (Brothers) at the Nabojibon Centre.

### 2.2.3 St. Gabriel's Boys' Hostel (CNI Church – Port Canning):

Another Satellite Clinic functions at the St. Gabriel's Boys Hostel Premises of the CNI Church at Canning on every alternate Tuesday. During the year 40 New Patients and 1015 Follow-up Patients attended the clinic.

### 2.2.4 Antara White Cross Bari (Gazipur):

From 3rd June, 2006 a Psychiatric OPD Clinic is functioning at this Centre. Currently about 26 patients attend this Clinic on alternate Thursdays. During the year 15 New Patients and 828 Follow-up Patients attended the clinic.

## 3. INPATIENT TREATMENT FACILITIES AT ANTARAGRAM

### 3.1 Cathedral Relief Service Ward for the acutely ill Men:

Number of New admissions during the year:	330
Number of re-admission cases:	30
Total Admissions -	363

### 3.2 Armenian Church Ward for the acutely ill Women:

Number of New admissions during the year:	139
Number of re-admission cases:	08
Total Admissions -	147

### 3.3 Missionaries of Charity Ward for Sub-acute Patients (Men):

Number of New admissions during the year:	250
Number of re-admission cases:	05
Total Admissions -	255

### 3.4 ICCO Ward for Sub-acute Patients (Women):

Number of New admissions during the year:	89
Number of re-admission cases:	05
Total Admissions -	94

### 3.5 Mar Thoma Church Ward for Chemical Dependency Treatment:

Number of New admissions during the year:	208
Number of re-admission cases:	41
Total Admissions -	249

### 3.6 Friends of Antara – U.K. Ward for Children:

#### Waiting Male & Female

Number of New admissions during the year:	520
Number of re-admission cases:	286

Total Admissions - 806

**3.7 LIC of India Ward for Men:**

Admission of Male Psychiatric patients started during the year. 3 Single Cabins and 6 Double bed cabins are available.

Number of New admissions during the year: 53

Number of re-admission cases: 12

Total Admissions - 65

**4. REHABILITATION PROGRAMMES**

**4.1 RESIDENTIAL WARDS:**

Patients requiring long periods of stay for rehabilitation are accommodated in the Rehabilitation wards for Men (30 beds) and Women (18 beds).

**4.1.1 Male Rehabilitation Ward:**

Number of New admissions during the year: 121

Number of re-admission cases: 69

Total Admissions - 190

**4.1.2 Female Rehabilitation Ward:**

Number of New admissions during the year: 89

Number of re-admission cases: 40

Total Admissions - 129

**4.2 ANTARA GROUP HOMES:**

Two model Homes are maintained at Antaragram accommodating 34 Residents in the Group Home for Women and 34 Residents in the Group Home for Men.

**4.3. ANTARA GAZIPUR CENTRE –**

Out Patient treatment is provided from this centre to Psychiatric Patients from the nearby villages.

**4.4. NON-RESIDENTIAL PROGRAMMES:**

**4.4.1. Personal Growth & Development Unit: (Day Treatment Unit)**

Currently, 39 patients are participating in this programme. Most of these patients stay at their homes and attend the Programme from 9 a.m. to 4 p.m. Some of the patients attend the programme from the Indoor Hospital Wards and Group Homes.

Individual counseling, Group Counseling, Family Counseling & Education, Group Activities like Drama, Mime, Discussions, Debates, Cultural Programmes, and Social Outings etc: are arranged for the patients attending this Unit.

**4.4.2. Occupational Therapy Programmes:**

Various Occupational Therapy programmes provide opportunities to resident and non-resident clients to improve their mental status, inter-personal relationships and skill training.

## **5. TRAINING & ORIENTATION PROGRAMMES**

### **5.1. Vocational Training Programmes:**

This Unit is mainly meant for imparting computer and Information Technology Training to the recovering psychiatric patients and Chemical Dependency Patients. External students from the local community as well as the staff of Antara are also imparted training at this Unit. In addition to the Computer Training Programme, ANTARA offers Vocational Training in Tailoring & Handicrafts-making.

### **5.2. Library & Reading Room:**

More books on mental health, addiction, Psychiatry, Psychology, Social Work, Nursing and related topics have been added. Antara staff, patients, trainees and students placed at Antara from various Institutions are increasingly utilizing the library facilities.

# Annual Report

## Community Mental Health Unit



*Antara Community Mental Health Unit as Antara observed that drop out, relapse and hospitalization were high among clients from socio economically deprived backgrounds, which need to be addressed in Community, based mental health services.*

Submitted by  
Mrs. Ankhi Sarkar

## **Description Of Community Mental Health Unit**

The arrays of Community mental health services vary depending on the country through which the services are provided. It refers to a system of care in which the patient's community, not a specific facility such as hospital, is the primary provider of care for people with mental illness. The goal of community mental health services often includes much more than simply providing outpatient psychiatric treatment.

Antara Community Mental Health Unit is pursuing the following objectives on the way to meet its vision regarding Mental illness.

- To create mass awareness about the causes, mal effects, preventive measures and detection process of Mental illness.
- To create sensitization among the schools, college, students, teenagers and youths, adults regarding healthy lifestyle and healthy minds to prevent mental illness.
- To ensure professional advocacy for influencing policy regarding proper and affordable care and treatment process of Mental illness affected population especially for poor and marginalized section.
- To identify the mentally ill affected people and their families and help them towards psycho-social adjustment with the ill effects of mental illness.
- Antara Community mental health unit has been able to organize Awareness Generation so far to create wide mass awareness and community sensitization about facts and myths related to mental illness, healthy lifestyle to prevent mental illness, the importance of early detection and treatment, signs and symptoms of mental illness etc.

## **The key components of Community mental Health services:**

Public Awareness generation programme: To organize awareness programme for patients and family as well as community.

Early Detection & Treatment: To identify problems and diagnosis the need of mentally ill patients in Community as a whole.

Training: Imparting short term training for the health workers and other nodal staffs of the local agencies /institution.

Psychosocial rehabilitation: to assist people who have major psychiatric disabilities. The focus is to improve a person's connections and participation within their community.

School Mental Health Programmes are a necessity of today. Antara is already covering several schools in the vicinity of Antaragram by conducting awareness programmes for the students, parents, community and by conducting orientation and training programmes for the teachers.

## **Programmes conducted by ANTARA Community Mental Health Unit**

1. School Mental health Programme
2. Community Awareness Programme
3. Conducting the Training Programmes

4. Early Detection Camp & Referral Services
5. Care & Support Programme
6. Workshop & Seminar
7. Satellites Clinics
8. Self Help Groups
9. Special Care Group

### **The Care & Support Programme :**

Antara is already offering care and support to chronically ill persons and their families in the villages around Antara Psychiatric Hospital. The Care & Support Programme will extend survival support to the families by enhancing their social supports, compliance to medication and treatment. Material support like repair and renovation of housing, supply of winter clothes, medical care for patient/family members, etc are arranged whenever necessary.





## **Total Number of patients under Care & Support Programme:**

Below the table all these patients are getting chances their treatment as well as other perspective development.

Sl. No.	Name	Age	Sex	Taking medicine regularly (Y/N)	Regular follow-up in OPD treatment	No. of home visit by Community Coordinator depends on the patient admission in this programme
1	Tapati Bhattachariya	63	F	Yes	Yes	16
2	Surojit Karmokar	21	M	Yes	Yes	8
3	Amirun Khatun	42	F	Yes	Yes	10
4	Dipankar Roy	30	M	Yes	Yes	6
5	Rafique Gaji	40	M	Yes	Yes	8
6	Yasmin Bibi	32	M	Irregular	Irregular	10
7	Gopal Sardar	21	F	Yes	Yes	10
8	Jamuna Mondal	40	M	Yes	Yes	6
9	Shampa Bhounmik	26	M	Yes	Yes	8
10	Ranjita Dey	25	F	Yes	Yes	8
11	Sanchita Dey	20	F	Yes	Yes	8
12	Shima Pandit	84	F	Yes	Yes	9
13	Saphique Sapuria	48	M	Yes	Yes	6
14	Jharna Ghosh	50	F	Yes	Yes	12
15	Sushanta Mondal	49	M	Yes	Yes	12
16	Rochona Naskar	15	F	Yes	Yes	16
17	Afsana Khatun	48	F	Yes	Yes	8
18	Prasenjit Chakraborty	39	M	Yes	Yes	5
19	Ainal Sk	38	M	Yes	Yes	5
20	Sentu Sardar	37	M	Yes	Yes	4
21	Laboni Sardar	28	F	Irregular	Irregular	2
22	Minati De	58	F	Yes	Yes	12

## **Sponsorship Programme in Care & Support :**

Sl. No.	Name	Rg No.	Age	Sex	Concession in Medicines	Concession in Doctor's fees
1	Tapati Bhattachariya	GPU 605	63	F	100%	100%
2	Surojit Karmokar	18978	21	M	50%	-
3	Rafique Gaji	10681	40	M	100%	100%
4	Yasmin Bibi	4437	32	M	100%	50%
5	Gopal Sardar	16181	21	F	100%	-
6	Shampa Bhounmik	54410	26	M	100%	100%
7	Ranjita Dey	317	25	F	100%	100%
8	Sanchita Dey	18348	20	F	100%	100%
9	Shima Pandit	28924	84	F	-	50%
10	Saphique Sapuria	3329	48	M	100%	-
11	Jharna Ghosh	26092	50	F	100%	100%
12	Sushanta Mondal	9882	49	M	100%	100%
13	Rochona Naskar	27003	15	F	100%	-
14	Afsana Khatun	62077	48	F	37%	50%
15	Prasenjit Chakraborty	34869	39	M	80%	-
16	Ainal Sk	34063	38	M	30%	30%

### **The Right Based Approach in Care & Support Programme :**

Mental Health has been viewed from a medical and non medical perspective indicating an understanding of its multifaceted nature. This includes addressing the social determinates of mental health such as poverty and education. The right based approach has been used wherein equity in the provision of mental health services for all. Integrated care has been emphasised with the need of the Mental Illness Person with Disabilities.

### ***Community Awareness Programme:***

<i>Date</i>	<i>Topic</i>	<i>Resource Persons</i>	<i>Place</i>
3/12/21	International Day of Persons with Disabilities	Mr. Pabitra Mondal Mrs. Arpita Roy Chowdhury	ANTARA Community Hall
14/12/21	Stigma on Mental illness	Ankhi Sarkar Mr. Prasenjit Samonto	Mallickpur Gram Panchayat
17/12/21	Awareness on sign & symptoms of mental illness	Mrs. Ankhi Sarkar Mr. Prasenjit Samonto	Kalika Gram Panchayat
23/12/21	Stigma on mental Illness	Mr. Salil Moyra Mrs. Ankhi Sarkar	Dihi Village

Sl. No.	Name	Aadhar card	Voter card	Ration Card	Swasthsathi Card	Disability card
1	Tapati Bhattachariya	Y	Y	Y	Y	Y
2	Surojit Karmokar	Y	Y	Y	Y	Not eligible
3	Amirun Khatun	Y	Y	Y	Y	Under process
4	Dipankar Roy	Y	Y	Y	Y	Not eligible
5	Rafique Gaji	Y	Y	Y	Y	Not eligible
6	Yasmin Bibi	Y	Y	Y	Y	Under process
7	Gopal Sardar	Y	Y	Y	Y	Y
8	Jamuna Mondal	Y	Y	Y	Y	Not eligible
9	Shampa Bhounmik	Y	Y	Y	Not apply	Y
10	Ranjita Dey	Y	Y	Y	Y	Under process
11	Sanchita Dey	Y	Y	Y	Y	Under process
12	Shima Pandit	Y	Y	Y	Y	Under process
13	Saphique Sapuria	Y	Y	Y	Y	Under process
14	Jharna Ghosh	Y	Y	Y	Y	Y
15	Sushanta Mondal	Y	Y	Y	Under Process	Under process
16	Rochona Naskar	Y	Y	Y	Y	Under process
17	Afsana Khatun	Y	Y	Y	Y	Y
18	Prasenjit Chakraborty	Y	Y	Y	Y	Y
19	Ainal Sk	Y	Y	Y	Y	NA
20	Sentu Sardar	Y	Y	Y	Under process	NA
21	Laboni Sardar	Y	Y	Y	Y	NA
22	Minati De	Y	Y	Y	N	NA

## School Mental Health Programme

Date	Name of the Institution	Topic	Number of Students	Class
12/11/21	Vidyasagar School of Social Work	Awareness on Mental Illness	65	BSW & MSW
09/12/21	Joynagar Majilpur Shyamsundar Balika Vidyalaya	Mobile addiction	150	IX
10/12/21	Joynagar Majilpur Shyamsunda Balika Vidyalaya	Adjustment problem in school after reopen the school	56	X
26/3/21	Ramkrishna Institute Ashrama	Discussion about anxiety & depression among children	110	VIII



*The School Mental Health Programme at Joynagar High School for Class IX*



*The School Mental Health Programme at Joynagar High School for Class X*



*The School Mental Health Programme at Ramkrishna Institut Ashram School for Class VIII*



*MSW students from Durgapur Law College*



*One Psychiatrist & one psychiatric Social Worker is talking with the child in the school premises*



*The School Mental Health Programme at Ramkrishna Institut Ashram School for Class VIII*

## Antara Swanirbhar dal ( SHG)

The Antara Self Help Group holds periodic meetings and they already started group stabilization through thrift and credit activity amongst the members and building due group corpus. The group takes up internal loaning to the members from their group corpus. This provides the members with opportunities to acquire the skill to priorities scarce resources to assess the strength of each members to time the loans and schedule the repayments and fix interest.

- The group leader arranges the daily meetings and records the attendance of the members.
- They collect money for monthly savings in the Group Meetings.
- Number of meeting conducted yearly : 12
- In this year they getting loan up to 2,50,000/-
- In throughout the year they bought the products from Antara near about Rs.1,50,000/-
- And the group members saved their jointly near about Rs.52,000/-



*The monthly meeting of SHG members*



*The group leader is helping to other customer in bank*

## **Special Care Group**

Special care Group for homeless and suffering from chronic mental illness those are the guidance of Antara.

### **Aims :**

To carry out positive intervention with respect to their socially excluded group , offering them attention programme, psychosocial rehabilitation and institutional / community support. It would help to increase their independence and quality of life and make possible their progressive social integration.

### **Activities of the group:**

Total number of members :24

Total no. of meeting has done : 04 ( per quarter)

Attending the different activities indoor/ward and as well as their rehabilitation purpose.

They are participated various types of activities like in Occupational Therapy , Gardening , etc.

## Plan for Community Mental health Programme for the next year 2022 -2023

Program me	1 <sup>st</sup> Quarter (April, May , June )		2 <sup>nd</sup> Quarter (July , August , sept )		3 <sup>rd</sup> Quarter (Oct , Nov, Dec )		4 <sup>th</sup> Quarter (Jan, Feb , Mar)		Total	
	Planned	Achieved	Planned	Achieved	Planned	Achieved	Planned	Achieved	Planned	Achieved
School /institution al Mental Health Programme	6		6		6		6		24	
Capacity Building Training Programme	3		3		3		3		12	
Community Awareness Programme	3		3		3		3		12	
Early Intervention Programme	2		2		2		2		8	
Seminar /Workshop	1		1		2		2		6	

### Action Taken for Future Plan:

- Increasing enrol of Care & Support members under the Care & Support Programme.
- Raising awareness programmes in all level stakeholders in advocacy level.
- Giving more numbers of Capacity Building Training and orientation among the grassroots level Health Workers.
- CMHP should take the initiative for long term participatory planning programme.

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## **List of Nursing Schools and Colleges affiliated to ANTARA**

1. COLLEGE OF NURSING, ASIA HEART FOUNDATION
2. WOODLAND COLLEGE OF NURSING
3. PEERLESS INSTITUTE OF NURSING SCIENCE (SCHOOL+COLLEGE)
4. NEOTIA INSTITUTE OF NURSING SCIENCE (SCHOOL+COLLEGE)
5. IQ CITY SCHOOL OF NURSING
6. IQ CITY COLLEGE OF NURSING
7. COLLEGE OF NURSING, MIDNAPORE MEDICAL COLLEGE AND HOSPITAL
8. COLLEGE OF NURSING, SSKM MEDICAL COLLEGE AND HOSPITAL
9. COLLEGE OF NURSING, CALCUTTA MEDICAL COLLEGE AND HOSPITAL
10. COLLEGE OF NURSING, NRS MEDICAL COLLEGE AND HOSPITAL
11. COLLEGE OF NURSING, R G KAR MEDICAL COLLEGE AND HOSPITAL
12. MA SARODA COLLEGE OF NURSING
13. COLLEGE OF NURSING, INSTITUTE OF PSYCHIATRY, KOLKATA
14. COLLEGE OF NURSING, COMMAND HOSPITAL, KOLKATA
15. COLLEGE OF NURSING, B M BIRLA, KOLKATA
16. APOLLO GLENEAGLES COLLEGE OF NURSING
17. TRIPURA NURSING COLLEGE
18. KALINGA INSTITUTE OF NURSING SCIENCE, BHUBANESWAR
19. SIKSHA O ANUSANDHAN NURSING COLLEGE, BHUBANESWAR
20. CMRI SCHOOL OF NURSING
21. SCHOOL OF NURSING, ASIA HEART FOUNDATION
22. SRI AUROBINDO SEVA KENDRA SCHOOL OF NURSING
23. TAREKESWAR VIVEKANANDA PALLY SEVA KENDRA SCHOOL OF NURSING
24. RUBY GENERAL HOSPITAL SCHOOL OF NURSING
25. MISSION OF MERCY SCHOOL OF NURSING
26. TAMLUK NURSING TRAINING SCHOOL
27. RAMAKRISHNA MISSION SCHOOL OF NURSING
28. CALCUTTA NURSING TRAINING SCHOOL
29. ESI SCHOOL OF NURSING, SEALDAH

## **Programme Schedule**

### **PROJECTS IN THE PIPELINE**

#### **RESEARCH ACTIVITIES:**

As per the declared objectives of Antara, it is high time we engage in research programmes in the field of mental health, addiction, alcoholism, rehabilitation, etc. During the F.Y. 2018-19, Antara intends to establish a Research Section and take up research projects.

#### **ACADEMIC PROGRAMMES:**

West Bengal and India as a whole is in urgent need of more trained manpower in the field of mental health. Antara has launched ANTARA Institute of Health Sciences (AIHS) with the objective of starting Academic Programmes. Currently ANTARA is offering Master In Hospital Administration (MHA). We would like to launch a few more academic programmes as early as possible.

## OUR STAFF OUR STRENGTH

299 Staff are serving at Antara as on 31<sup>st</sup> March 2021. Number of staff under various categories is shown below:-

Doctors	-	12
Psychologists	-	04
Nursing Administration	-	02
Staff Nurses	-	28
Social Workers	-	09
General Administration	-	11
Ward-in-Charges	-	09
Ward Assistants	-	79
OPD Staff	-	20
Kitchen Staff	-	09
Work Therapy Staff	-	07
Security staff	-	02
House Keeping Staff	-	03
Other Support Staff	-	12
Part-time Therapists	—	
(Music, Yoga, Bratachari)	-	03
<b>TOTAL</b>	-	<b>208</b>
Job Out-sourced	-	91
<b>GRAND TOTAL</b>	-	<b>299</b>

**EXECUTIVE COMMITTEE :-** We are ever grateful to the members of the Executive Committee for their selfless service, valuable guidance and leadership.

## OUR THANKS

- We express deep gratitude to all Patrons, Friends and Well-wishers in India and abroad who have liberally contributed for building up ANTARA,
- The staff for their dedicated service and loyalty to ANTARA,
- The public at large and especially to the villagers surrounding ANTARA,
- The West Bengal Government and the Local Government Authorities,
- The Baruipur Police and Revenue Authorities,
- Our Auditors M/s. P. K. Sen & Associates,
- The Engineers & Contractors,
- The Press of Calcutta and
- All other friends and volunteers who have contributed their service to ANTARA

We are counting upon the continued cooperation, assistance and guidance from all to make Antara an **Institution of Excellence** in the service of the poor psychiatric patients.

(Dr. Mathew. P John)  
Hon. General Secretary

Antaragram  
20.11.20